

Shrimp

Shrimp with Fresh Asparagus	10.95
* Yu-Shiang Shrimp	10.95
Shrimp with Cashew Nuts	10.95
Sweet and Sour Shrimp	10.95
Shrimp with Lobster Sauce	10.95
* Shrimp Szechuan	10.95
Shrimp with Vegetables	10.95
* Shrimp with Black Bean Sauce	10.95
Peking Shrimp	10.95
* House Shrimp	10.95
* Shrimp and Chicken Kung Pao	10.95
Shrimp with Green Peas	12.95
* Kung Pao Shrimp	12.95

Fish

Braised Fish Fillet	10.95
* Yu-Shiang Fish	10.95
Steamed Cod Fish Steak with Soy Bean Paste ...	17.95
* Whole Fish, Any Style	seasonal

VEGETARIAN MENU

(Low fat, less cholesterol, and no MSG)

1*Vegetarian Kung Pao Chicken	7.95
Hot spiced dry bean curd sauteed with red pepper, peanuts and spicy sauce.	
2 Vegetarian Chicken Cashew Nuts	7.95
Diced dry bean curd sauteed with broccoli and cashew nuts in rich brown sauce.	
3*Vegetarian Yu-Shiang Pork	7.95
Shredded vegetarian ham with green pepper, water chestnuts, tree ears and red pepper in hot garlic sauce.	
4*Vegetarian Orange Beef	8.95
Deep fried dried bean curd in orange flavored spicy sauce.	
5*Vegetarian General Tso's Chicken	8.95
Deep fried dried bean curd in spicy sauce.	
6 White Jade Ball	9.95
Black mushrooms, bamboo shoots, snow peas, wrapped in rice noodle, vegetable and garnished with broccoli.	
7 Vegetarian Yellow Bird	8.95
Napa cabbage, mushroom, bamboo shoots, dried bean curd, wrapped in bean curd sheet and sauteed in brown sauce.	
8 Crispy Delight	9.95
Deep fried eggplant and black mushrooms coated with a unique sauce.	

Vegetable

* Crispy Eggplant	6.95
Vegetable Saute	6.95
Shaw Erh Tong	8.95
Black Mushroom and Heart of Bok Choy	9.95
Sautéed Fresh Asparagus	9.95

JAPANESE FOOD

Sushi and Sashimi

1. Assorted Sushi	regular 11.95 deluxe 15.95
2. Assorted Sashimi	regular 13.95 deluxe 18.95
3. Sushi and Sashimi	17.95
4. Roll Combination	10.95
5. Chirashi	12.95
6. Tekka Don	13.95
7. Seven Seas Love Boat	36.95
8. Sake Don	12.95
9. Unagi Don	13.95

Tempura

1. Vegetable Tempura	10.50
2. Shrimp Tempura	12.95
3. Seafood Tempura	13.95

Sushi Bar

1. Bean Curd (Inari)	3.25
2. Yellow Tail (Hamachi)	4.95
3. Tuna (Maguro)	4.25
4. Salmon (Sake)	4.25
5. Shrimp (Ebi)	4.25
6. Eel (Unagi)	4.95
7. Salmon Roe (Ikura)	5.00
8. White Tuna	4.25

Maki Sushi Roll (6 pcs)

1. Alaska Roll	4.95
2. Tuna Roll (Tekka Maki)	4.25
3. Cucumber Roll	3.50
4. California Roll (\$1.00 extra for fish roe)	3.95
5. Eel Cucumber Roll	4.95
6. Long Island Roll	5.95
7. Philadelphia Roll	4.95
8. Shrimp Tempura Roll	5.95
9. Salmon Roll	4.25
10. Spicy Tuna Roll	4.95
11. Yellow Tail Roll	4.25
12. Christmas Roll	5.95

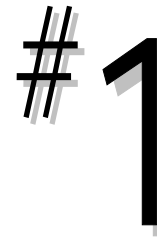
Big Roll (8 pcs)

1. Futo Maki	9.95
2. Rainbow Roll	10.95
3. Dragon Roll	11.95
4. Maryland Roll	12.95

© Price Subject To Change ©
© \$1.00 Extra for Substitution ©

SUSHI PARTY PLATTER

- | | | |
|---|-----------|-----------|
| 1. Assorted Roll Platter | (A) 50.00 | (B) 60.00 |
| (72 pcs Maki Roll) | | |
| 2. Assorted Roll & Sushi Platter | (A) 55.00 | (B) 65.00 |
| (36 pcs Maki Roll & 20 pcs Sushi) | | |
| 3. Assorted Sushi & Sashimi Platter | (A) 60.00 | (B) 70.00 |
| (25 pcs Sushi & 25 pcs Sashimi) | | |



Chinese
& Japanese
Cuisine
Restaurant

NEW LOW FAT MENU

*No MSG, less oil, less salt

*Please mention low fat menu when ordering

Appetizer

- * Steamed Vegetable Dumpling (6) 3.95
- Vegetarian Egg Roll (1) 1.25

Soup

- * Seven Seas Low Fat Soup..... 1.50

Entrée

- 1 Rainbow Vegetable 6.95
- 2* Bean Curd Szechuan 7.95
- 3 Rainbow Chicken 7.95
- 4 Plum Sauce Chicken..... 7.95
- 5 Chicken with Fresh Mushroom & Broccoli 7.95
- 6 Shrimp with Vegetable 10.95
- 7 Scallop with Vegetable 10.95

* Hot and Spicy

House Special

- * House Special Chicken 9.95
- * Orange Beef 9.95
- Sizzling Beef & Scallop with Oyster Sauce 11.95
- * Stewed Combination Seafood in Chafing Dish .. 10.95
- * Double Delight of Chicken 10.95
- * Double Delight of Lamb 12.95
- * Two Kinds of Shrimp 12.95
- Shrimp and Beef Combo 12.95
- * General Tso's Chicken 8.95
- * Prawns with Walnuts 12.95
- Seafood Crown 12.95
- * Shrimp and Scallop in Bird's Nest 12.95
- * Shrimp, Beef and Chicken Combo 12.95
- Seafood Family Delight 13.95
- Seven Stars Around Moon (for two) 18.95

Appetizer

- Egg Rolls (1) 1.25
- Spring Rolls (1) 1.25
- Fried Wontons (6) 2.50
- * Sweet and Sour Cabbage 2.95
- Pan-Fried or Steamed Dumpling (6) 4.50
- Homemade Chinese Sausage (2) 4.95

- Shrimp Toast (2) 4.50
- Pong Pong Noodle 3.95
- Fried Chicken Wings (6) 4.50
- Lettuce Wrapped Chicken (for two) 3.95
- Barbecued Roast Pork 4.95
- Barbecued Spareribs (4) 5.95
- Beef Cho Cho (4) 5.50
- Lettuce Wrapped Seafood (for two) 4.95
- Crispy Seven Seas Roll 4.95
- Pu Pu Tray (minimum for two) 8.95

Duck

- Fragrant Crispy Duck half 10.95 whole 19.95
- Roasted Salted Duck half 10.95 whole 19.95
- Roasted Duck w/Brown Sauce half 10.95 whole 19.95
- Peking Duck half 10.95 whole 20.95

Soup

- Egg Drop Soup 1.50
- Wonton Soup 1.50
- * Hot and Sour Soup 1.50
- Chicken and Corn Soup (for two) 3.95
- * Seafood Hot & Sour Soup (for two) 4.95
- Seafood and Corn Soup (for two) 4.95
- Crabmeat with Asparagus Soup (for two) 5.95
- Chicken and Seafood Soup (for two) 3.95
- Triple Delight Soup (for two) 3.95
- Seven Seas Casserole (for four)..... 14.95

Scallops

- * Yu-Shiang Scallops 10.95
- Scallop Peking 10.95
- * Szechuan Scallop 10.95
- * Scallop with Black Bean Sauce 10.95
- Scallop with Fresh Asparagus 10.95

Lamb

- Lamb with Scallion 10.95
- * Lamb, Hunan Style 10.95

* Hot and Spicy

Pork

- Roast Pork with Snow Pea 8.95
- Moo Shu Pork 8.95
- * Double Fried Pork 7.95
- Sweet and Sour Pork 7.95
- Pork with Scallion 8.95
- * String Beans Szechuan 7.95
- * Yu-Shiang Pork 8.95
- * Shredded Pork in a Hot Sauce 8.95
- Grilled Pork Chop with Spiced Sauce 9.95
- Seven Seas Special Pork Chop 9.95
- Pork with Fresh Asparagus 9.95

Egg Foo Young

- Shrimp Egg Foo Young 8.95
- Roast Pork Egg Foo Young 8.95

Chow Mein, Lo Mein & Fried Rice

- Roast Pork Chow Mein 6.95
- Chicken Chow Mein 6.95
- Shrimp Chow Mein 6.95
- Roast Pork Fried Rice 6.95
- Combination Fried Rice 6.95
- Shrimp Fried Rice 6.95
- Roast Pork Lo Mein 6.95
- Combination Lo Mein 6.95
- Shrimp Lo Mein 6.95
- Pan-Fried Noodle 9.95
- Seafood Pan-Fried Noodle 12.95
- * Rice Noodle, Singapore Style 7.95
- Home Special Rice Noodle 7.95

Chicken

- Chicken with Vegetable 7.95
- Chicken with Broccoli 7.95
- * Kung Pao Chicken 7.95
- Chicken with Cashew Nuts 7.95
- Sweet and Sour Chicken 7.95
- Moo Goo Gai Pan 7.95
- * Chicken Szechuan 7.95
- * Hunan Chicken 7.95
- Lemon Chicken 8.95
- Chicken with Walnut 9.95
- Chicken with Fresh Asparagus 9.95

Bean Curd

- * Bean Curd, Hunan Style 7.95
- * Bean Curd Szechuan 7.95
- * Bean Curd with Pork 8.95
- Black Mushroom and Bean Curd 9.95

Beef

- Pepper Steak 8.95
- Beef with Broccoli 8.95
- Beef with Snow Peas 8.95
- Beef with Vegetables 8.95
- Beef with Scallions 8.95
- * Beef Hunan Style 8.95
- Beef with Green Pepper 8.95
- * Dry-Fried Shredded Beef 9.95
- * Yu-Shiang Beef 8.95
- Beef with Black Mushroom and Bamboo Shoots .. 9.95
- * Shredded Beef Szechuan 8.95
- Chow San Shein 9.95
- Beef with Fresh Asparagus 9.95

* Hot and Spicy

